

Packing List

Essentials

- _____ Airline tickets (with copies in backpack & to trip coordinator)*
- _____ Passport*
- _____ Wallet
- _____ Euro and dollars
- _____ Money card*
- _____ Copy of Travel Insurance*
- _____ Contact number to report lost card(s)*
- _____ Prescription and OTC medicines
- _____ Plug adapter and all "tethers" for camera, iPod, etc.
- _____ Camera with extra batteries and memory card
- _____ Battery charger
- _____ Journal and pen
- _____ Watch with alarm function (new battery)

Self-Care Items

- _____ Glasses, sunglasses, contacts lenses
- _____ Sanitary supplies
- _____ Anti-bacterial hand gel or wipes
- _____ Lotion and/or sunscreen
- _____ Earplugs
- _____ Quick dry towel and washcloth
- _____ Clothes line & spot remover

Clothes

- _____ Quick drying underwear
- _____ T shirts
- _____ Shorts
- _____ Church outfit
- _____ Shoes (2 pair maximum)
- _____ Light weight long sleeve shirt
- _____ Cap or hat
- _____ PJ's

Toiletries

- _____ Toothbrush and toothpaste
- _____ Liquid bath soap
- _____ Shampoo and conditioner
- _____ Sunblock
- _____ Deodorant
- _____ Cosmetics
- _____ Razor and shaving cream
- _____ Brush or comb

Miscellaneous

- _____ iPod
- _____ Cards, games
- _____ Gifts for hosts
- _____ Hackey Sack
- _____ Book(s)
- _____ Flashlight
- _____ Photo book
- _____ English/Hungarian Phrase Book
- _____ Power Bars